

THE LEARNING CENTER OF DR. PHILLIPS MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water and Peanut Butter & crackers	Juice, Water & Shortbread Cookies	Juice, Water & Cinnamon Graham Crackers	Juice, Water & Crackers & Cheese
LUNCH	Bologna Sandwich Mixed Vegetables, Fresh Fruit in season Milk, water, juice	Hot Dogs French Fries Green Beans Apple Sauce Milk, water, juice	Cheese Pizza Celery - Peanut Butter Pineapple bits Milk, water, juice	Chicken Nuggets Corn Pudding Milk, water, juice	Macaroni & Cheese Carrot sticks Yogurt Milk, water, juice
AFTERNOON SNACK	Juice, Water & Chocolate chips cookies	Juice, water & Bagel Bites	Juice, water and Corn Chips	Juice, water & Rice Cakes	Juice, water & Ice Cream

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water & Vanilla Wafers	Juice, Water & Animal Cookies	Juice, Water & Rice Cakes	Juice, water & Shortbread Cookies
LUNCH	Peanut Butter & Jelly Sandwich Mixed Vegetables, Fresh Fruit in season, Milk, water, juice	Fish Sticks Rice Medley Green Beans Peaches Milk, water, juice	Cheese Pizza Celery - Peanut Butter Pineapple bits Milk, water, juice	Macaroni with ground turkey in tomato sauce Carrot sticks Apple Sauce Milk, water, juice	Chicken & Fried Rice Salad Pudding Milk, water, juice
AFTERNOON SNACK	Juice, water & Cheese and crackers	Juice, water & Chocolate Chips cookies	Juice, water and Cake	Juice, water & Vanilla Cream Bread	Juice, water & Ice Cream

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water & Peanut Butter & Crackers	Juice, Water & Shortbread Cookies	Juice, Water & Cinnamon Graham Crackers	Juice, Water & Crackers & Cheese
LUNCH	Grilled Cheese Sandwich Mixed Vegetables Fresh Fruit in season Milk, water, juice	Chicken Alfredo & Rice Green Beans Peaches Milk, water, juice	Cheese Pizza Celery - Peanut Butter Pineapple bits Milk, water, Juice	Chicken Nuggets Corn Pudding Milk, water, juice	Macaroni & Cheese Carrot sticks Yogurt Milk, water, juice
AFTERNOON SNACK	Juice, water & Chocolate Chips Cookies	Juice, water & Bagel Bites	Juice, water and Corn Chips	Juice, water & Rice Cakes	Juice, Water & Ice cream

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, water & Vanilla Wafers	Juice, water & Animal Cookies	Juice, water & Rice Cakes	Juice, water & Shortbread Cookies
LUNCH	Peanut Butter & Jelly Sandwich Mixed Vegetables, Fresh Fruit in season, Milk, water, juice	Fish Sticks Rice Medley Green Beans Peaches Milk, water, juice	Cheese Pizza Celery - Peanut Butter Pineapple bits Milk, water, juice	Macaroni with ground turkey in tomato sauce Carrot sticks Apple Sauce Milk, water, juice	Chicken and Spanish Rice Salad Pudding Milk, water, juice
AFTERNOON SNACK	Juice, water & Cheese and Crackers	Juice, water & Chocolate Chips cookies	Juice, water and Cake	Juice, water & Vanilla Cream Bread	Juice, water & Ice Cream