

THE LEARNING CENTER OF DR. PHILLIPS MENU

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water and Fig Newton	Juice, Water & Vanilla Wafers	Juice, Water & Cheese & Crackers	Juice, Water & Muffin
LUNCH	Bologna Sandwich Mixed Vegetables, Fresh Fruits Milk, water	Hot Dogs French Fries, Peas Peaches Milk, water	Cheese Pizza Broccoli and Cheese Pineapple bits Milk, water	Macaroni with ground turkey in tomato sauce Carrot sticks (Cooked Carrots for 1s) Apple Sauce, Milk, water	Chicken & Fried Rice Salad (Creamed Spinach) Pears Milk, water
AFTERNOON SNACK	Milk, Water & Chocolate Chip cookies (Cinnamon Bread for 1s)	Milk, water & Veggies with Ranch (Yogurt & Crackers for 1s)	Milk, water and Graham Crackers	Milk, water & Peaches	Milk, water & Gold Fish

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water & Graham crackers	Juice, Water & Animal cookies	Juice, Water & Cheese It	Juice, water & Fig Newton
LUNCH	Scrambled Eggs and Corn Bread Mixed Vegetables, Fresh Fruits Milk, water	Fish Sticks Rice Medley Green Beans, Peaches Milk, water	Cheese Pizza Broccoli and Cheese Pineapple bits Milk, water	Chicken Nuggets Corn & Mashed Potatoes Apple Sauce Milk, water	Macaroni & Cheese Carrot sticks (Cooked Carrots for 1s) Yogurt, Pears Milk, water
AFTERNOON SNACK	Milk, water & Cocktail Fruits	Milk, water & Cheese & Crackers	Milk, water and Gold Fish	Milk, water & Veggies with Ranch (Yogurt & Crackers for 1s)	Milk, water & Chocolate Chips cookies (Cinnamon Bread for 1s)

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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, Water & Muffin	Juice, Water & Vanilla wafers	Juice, Water & Fig Newton	Juice, Water & Cheese & crackers
LUNCH	Grilled Cheese Sandwich Mixed Vegetables Fresh Fruits Milk, water	Chicken Alfredo & Noodles Green Beans Peaches Milk, water	Cheese Pizza Broccoli and Cheese Pineapple bits Milk, water	Macaroni with ground turkey in tomato sauce Carrot sticks (Cooked Carrots for 1s) Apple Sauce Milk, water	Chicken and Spanish Rice Salad (Creamed Spinach for 1s) Pears, Milk, water
AFTERNOON SNACK	Milk, water & Cheese IT	Milk, water & Gold Fish	Milk, water & Chocolate Chips Cookies (Cinnamon Bread for 1s)	Milk, water & Peaches	Milk, Water & Veggies with Ranch (Yogurt & Crackers for 1s)

WEEK 4	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING SNACK	Juice, Water & Cereal	Juice, water & Graham crackers	Juice, water & Animal Cookies	Juice, water & Cheese It	Juice, water & Fig Newton
LUNCH	Scrambled Eggs and Corn Bread Mixed Vegetables, Fresh Fruits Milk, water	Fish Sticks Rice Medley Green Beans Peaches Milk, water	Cheese Pizza Broccoli and Cheese Pineapple bits Milk, water	Chicken Nuggets Corn & Mashed Potatoes Apple Sauce Milk, water	Macaroni & Cheese Carrot sticks (Cooked Carrots for 1s) Yogurt, Pears Milk, water
AFTERNOON SNACK	Milk, water & Cocktail Fruits	Milk, water & Chocolate Chips cookies (Cinnamon Bread for 1s)	Milk, water and Gold fish	Milk, water & Veggies & Ranch (Yogurt & crackers for 1s)	Milk, water & Cheese & Crackers